

7th edition, How To Be A Nurse Assistant Course Syllabus

This course will prepare the student to take the required state exam to become a Certified Nursing Assistant (CNA), a trained professional that serves as an assistant to Licensed Practical Nurses (LPN) and Registered Nurses (RN). The student will learn information and skills that will allow him/her to assist in providing basic care to the patients as well as understanding what pertinent information to relay to the nurses in charge including changes in behavior and/or condition. The student will be prepared to function in all levels of long-term care facilities as well as hospitals providing direct patient care. Responsibilities may vary slightly from long-term care facilities to acute care facilities with this course preparing the student to provide CNA services in both types of healthcare agencies.

Upon completion of this course, the student will be able to:

1. provide competent basic patient care utilizing knowledge and skills in observation, documentation, communication, hygiene, exercise and activity, safety, nutrition, elimination, and sleep & comfort.
2. integrate knowledge and understanding of the CNA role into their practice.
3. apply appropriate decision-making in choosing knowledge and skills to apply in different healthcare facilities.
4. recognize relevant patient observations and information that must be reported to the charge nurse.
5. deliver appropriate patient care based on an understanding of patient preferences, current health status, and family needs.