# The Alverno Certified Nurse Aide Course Summary Sheet of Skills Validation

| Student's Name:   |
|---|
| Total Number of Hours Student Attended During the Course: |

**Description:** The following summary is a validation of the Certified Nurse Aide Student's level of competency included in the 75-hour course. The date indicates when the Certified Nurse Aide Student demonstrated this competency as a pass or fail.

| Skills   | Pass / date | Fail / date | Comments |
|--|-------------|-------------|----------|
| Handwashing Technique                                  |             |             |          |
| 2. Gloving – Putting on and Removing                   |             |             |          |
| 3. Closed and Open Bed                                 |             |             |          |
| 4. Occupied Bed  |             |             |          |
| 5. Conscious/Unconscious Choking Victim                |             |             |          |
| 6. Lift and Move a Resident in Bed                     |             |             |          |
| 7. Transfer a Resident from bed to chair /chair to bed |             |             |          |
| a. With a Gait Belt                                    |             |             |          |
| b. With a Mechanical Lift                              |             |             |          |
| 8. Ambulate with a Gait Belt                           |             |             | '        |
| 9. Position a Resident in Bed                          |             |             |          |
| 10. Ambulate a Resident                                |             |             |          |
| 11. Passive Range of Motion                            |             |             |          |
| 12. Assist with Oral Hygiene                           |             |             |          |
| a. Conscious Resident                                  |             |             |          |
| b. Denture Care  |             |             |          |
| c. Unconscious Resident                                |             |             |          |
| 13. Partial Bath                                       |             |             |          |
| 14. Complete Bed Bath                                  |             |             |          |
| 15. Whirlpool Bath                                     |             |             |          |
| 16. Shower   |             |             |          |
| 17. Back Rub   |             |             |          |
| 18. Shampoo  |             |             |          |
| 19. Nail Care  |             |             |          |
| 20. Groom-Dress/Undress a Resident                     |             |             |          |
| 21. Shave a Resident with an Electric Razor            |             |             |          |
| 22. Shave a Resident with a Razor                      |             |             |          |
| 23. Urinal for a Male Resident                         |             |             |          |
| 24. Assist with Bedpan/Commode                         |             |             |          |
| 25. Peri Care  |             |             |          |
| 26. Vital Signs /Weight                                |             |             |          |
| a. Proper Documentation                                |             |             |          |
| 27. Intake and Output                                  |             |             |          |
| a. Proper Documentation                                |             |             |          |

| 28. Catheter Care                        |  |   |   |   |
|--|--|---|---|---|
|  |  |   | _ |   |
| 29. Safety Checks /Call light placement  |  |   |   |   |
| 30. Feeding Assist with meals            |  |   |   |   |
| a. Understanding special diets           |  |   |   |   |
| 31. Resident Privacy                     |  | - |   |   |
| 32. Use of Personal Protective Equipment |  |   |   | · |

| Instructor Signature: |    | <br> |  |
|-----------------------|----|------|--|
| Date of Completion:   | 90 |      |  |

### The Alverno Nurse Aide Clinical – Instructor evaluation of the Student

|      | Student's Name:  | Date Completed: |         |          |                      |  |  |
|------|--|-----------------|---------|----------|----------------------|--|--|
|      | is evaluation is based on the student's competencies and o   | bject           | ives fo | or the o | class. The student's |  |  |
| ре   | erformance will be assessed as follows:  |                 |         |          |                      |  |  |
|      | 1. Above Average 2. Average  | 3               | . Need  | ds Impi  | rovement             |  |  |
|      | Skills   | 1               | 2       | 3        | Comments             |  |  |
| A.   | Personal Characteristics   |                 |         |          |                      |  |  |
| 1.   | Personal Appearance – well groomed, neat in appearance   |                 |         |          |                      |  |  |
| 2.   | Dependability- On time, does not miss  |                 |         |          |                      |  |  |
| 3.   | Cooperativeness – assists others when needed   |                 |         |          |                      |  |  |
| 4.   | Guidance- uses suggestions to improve  |                 |         |          |                      |  |  |
| 5.   | Ability to Learn- follows directions, open to learning new skills  |                 |         |          |                      |  |  |
| 6.   | Initiative- able to solve some problems independently  |                 |         |          |                      |  |  |
| 7.   | Judgement- makes good decisions, seeks help if needed  |                 |         |          |                      |  |  |
| 8.   | Works Independently- can work without supervision  |                 |         |          |                      |  |  |
| 9.   | Quality- Work is accurate and accomplishes what needs  |                 |         |          |                      |  |  |
|      | to be done timely  |                 |         |          |                      |  |  |
| B.   |  |                 |         |          |                      |  |  |
| 1.   | Relationship- friendly, kind, compassionate,   |                 |         |          |                      |  |  |
|      | understanding  |                 |         |          |                      |  |  |
| 2.   | Resident Safety-aware of resident surroundings, uses   |                 |         |          |                      |  |  |
|      | required safety equipment, answers call-lights promptly  |                 |         |          |                      |  |  |
| 3.   | Provides residents with personal choices   | ,               |         |          |                      |  |  |
|      | Cares for resident's personal property   |                 |         |          |                      |  |  |
| 5.   | Communication- reports observations to the supervisory   |                 |         |          |                      |  |  |
|      | nurse as appropriate   |                 |         |          |                      |  |  |
|      |  |                 |         |          |                      |  |  |
|      |  |                 |         |          |                      |  |  |
|      | Pass □ Fail, needs more education  |                 |         |          |                      |  |  |
| ı£.  | Accelerate Called Committee Colonian Colonia Colonian Colonia Colonian Colo |                 |         |          |                      |  |  |
| IT S | student failed, provide more details:  |                 |         |          |                      |  |  |
|      |  |                 |         |          |                      |  |  |
|      |  |                 |         |          |                      |  |  |
| _    |  |                 |         |          |                      |  |  |
|      |  |                 | -       |          |                      |  |  |
|      |  |                 |         |          |                      |  |  |
|      |  |                 |         |          |                      |  |  |
| l    |  |                 | _       |          |                      |  |  |

# The Alverno Nurse Aide Clinical – Student Evaluation of the Instructor

|   | 1. Above Average 2. Average                                      | 3  | . Nee | ds Imp | provement |
|---|--|--|-------|--------|-----------|
|   | Skills   | 1  | 2     | 3      | Comments  |
|   | Does the Instructor have accurate knowledge of the subject area  | -  |       |        |           |
|   | Does the Instructor present material in ways that you understand | -  |       |        |           |
|   | Does the Instructor care about the needs of the students         | +  |       | _      |           |
|   | Does the Instructor speak clearly                                | <del>                                     </del> |       |        |           |
|   | Does the Instructor promote a positive environment for learning  |  |       |        |           |
| - | Does the Instructor respond timely to concerns / questions       |  |       |        |           |
|   | Suggestions for the Inst   | uctor  |       |        |           |
|   |  |  |       |        |           |
|   |  |  |       |        |           |

### **Long Term Care Program**

### **STATEMENT OF UNDERSTANDING**

I have been informed of the policies & requirements for successful completion of the Alverno Nurse Aide Program and for receiving a Certified Nurse Aide certificate. The Student handbook was reviewed during class orientation. acknowledge that I have a clear understanding of the program policies and the consequences of policy infractions. Falsifying any signed documents will result in immediate and permanent dismissal from the program. I agree to abide by these policies stated in the Nurse Aide Handbook. STATEMENT OF UNDERSTANDING: sign Date WAIVER I hereby release The Alverno, the Training Program, and/or Nurse Aide faculty/Nurse Aide Instructors from any illness or injury incurred as a result of participating in The Alverno Nurse Aide Program. Date **HIPAA TRAINING** I have received and understand the information received concerning the Health Insurance Portability and Accountability Act of 1996 and the new standards adopted in May 2005. I have been informed The Alverno privacy and confidentiality policies and agree to abide by these policies as outlined in the Nurse Aide Handbook. HIPAA TRAINING: sign Date **HEPATITIS B VACCINATION DECLINATION FORM** I understand due to my occupational exposure to blood or other potentially infectious materials during my clinical rotation that I may be at risk of acquiring the Hepatitis B virus (HBV) infection. The vaccination will be provided at my own expense if my insurance does not cover the cost. I understand that by declining this vaccine, I continue to be a risk of acquiring HBV. I hereby release The Alverno and my clinical agency of any responsibility if I should contract HBV while I am a student. I also understand declining the vaccination that certain clinical sites may not accept me as a student. **HEPATITIS B VACCINATION DECLINATION FORM:** Sign Date PROTOCOL FOR PROHIBITION OF CHARGES FOR NURSE AIDE TRAINING AND TESTING I have received and understand the information of Prohibition of Charges. Date STUDENT RESPONSIBILITIES FORM I have read and understand the information on the Student Responsibilities form. Date\_

Instructor Signature\_\_\_\_\_

**Date** 

# THE ALVERNO CERTIFICATION OF COMPLETION OF 16 HOURS OF TRAINING

| 16 hours of training in the following areas prior   | (NAME OF TRAINEE) has completed the roo any direct contact with residents: |
|---|--|
| <ol> <li>Communication and interpersonal skills</li> <li>Infection control</li> <li>Safety/emergency procedures, including</li> <li>Promoting residents' independence</li> <li>Promoting residents' rights</li> </ol> |  |
| Instructor Signature  | Date:  |
| Student Signature   | Date:  |

Clinton, lowa

# Certificate of Completion

This is to certify that

Has successfully completed 75 hours in Nurse Aide Class #

Instructor

Director of Nursing

President/CE0

Nursing/Nurse Aide Class/Certificate of Completion

Revised 11/2/2017

# **The Alverno Health Care Facility**

### **Orientation Checklist**

|              | Class #              |             | _             |         |       |           |                |                |                    |    |  |
|--------------|----------------------|-------------|---------------|---------|-------|-----------|----------------|----------------|--------------------|----|--|
|              | Class Title          |             |               |         |       |           |                |                |                    |    |  |
|              | <b>Beginning Dat</b> | e           |               |         |       |           | ng Date        |                | _                  |    |  |
|              | Hours                |             |               |         |       |           |                |                |                    |    | <u>'</u>                                     |
|              | Instructor(s)_       |             |               |         |       |           |                |                |                    |    |  |
| Student Name |                      | Handbook    | Statement of  | Walver  | HIPAA | Hepatitis | Prohibition of | Student        | 0.0-111            |    |  |
|              |                      | Orientation | understanding | esqueçi | HIPAA | B         | Charges        | Responsibility | Medical<br>History | ТВ | Requirement for<br>Success                   |
|              |                      |             |               |         |       |           |                |                |                    | 1  | <u>                                     </u> |
| 1.           |                      |             |               |         |       |           |                |                |                    |    |  |
| 2.           |                      |             |               |         |       |           |                |                |                    |    |  |
| 3.           |                      |             |               |         |       |           |                |                |                    |    |  |
| 4.           |                      |             |               |         |       |           |                | :              |                    |    |  |
| J.           |                      |             |               |         |       | · · ·     |                |                |                    |    |  |
| 6.           |                      |             | <u> </u>      |         |       |           |                |                |                    |    |  |
| 7.           |                      |             |               |         |       |           |                |                |                    |    |  |
| 8.           |                      |             |               |         |       |           |                |                |                    |    |  |
| 9.           |                      |             |               |         |       |           |                |                |                    |    |  |
| 10.          |                      |             |               |         |       |           |                |                |                    |    |  |
| 11.          |                      |             |               |         |       |           |                |                |                    |    |  |
| 12.          |                      |             |               |         |       |           |                |                |                    |    |  |
| 13.          |                      |             |               |         |       |           |                |                |                    |    |  |
|              |                      |             |               |         |       |           |                |                |                    |    |  |

### **The Alverno Health Care Facility**

# Long Term Care Seventy Five Hour Nurse Aide Training Program

### **Requirement for Successful course Completion**

1. Academics: Average of 80% on Quizzes, Skills Lab, and Final Exam.

|    | <u>Skills Competencies</u> : Hand Hygiene, Gloving, choking, and Patient's Rights must be performed at a level 4 to be eligible for Clinical Rotation. |
|----|--|
| 3. | Successful completion of Clinical Rotation.  |

4. If all areas listed above are completed successfully, you will be awarded a certificate of completion as a Nurse Aide The Alverno Health Care Facility.

I have read and understand all requirements necessary for successful course completion of the Certified Nurse Aide Program through The Alverno Health Care Facility.

| Student Name (Print)     | Date |
|--------------------------|------|
| Student Signature        | Date |
| NA Instructor            | Date |
| LTC Coordinator/Director | Date |



# STATE OF IOWA Criminal History Record Check Request Form



|  |   | DCI Account Number: (if applicable) |             |                |                        |  |  |
|--|---|-------------------------------------|-------------|----------------|------------------------|--|--|
|  |   |                                     |             |                | (if applicable)        |  |  |
| To: Iowa Division of Criminal Investigation<br>Support Operations Bureau, 1st Floor<br>215 E. 7th Street<br>Des Moines, Iowa 50319<br>(515) 725-6066 |   |                                     | From:       |                |                        |  |  |
| (5)  | 15) 725-6080 Fax  |                                     | 701         |                |                        |  |  |
|  |   |                                     |             |                |                        |  |  |
|  |   |                                     | rax: _      | <u> </u>       |                        |  |  |
|  | ing an Iowa Criminal History  |                                     |             |                |                        |  |  |
| Last Nam   | e (mandatory)   | First Name (mandatory)              | )           | Middle Name    | (recommended)          |  |  |
|  |   |                                     |             |                |                        |  |  |
| Date of Bi   | rth (mandatory)   | Gender (mandatory)                  |             | Social Securit | y Number (recommended) |  |  |
|  |   | ☐Male ☐                             | ]<br>Female |                |                        |  |  |
| be releasabl<br>obtain a wai   | Waiver Information: Without a signed waiver from the subject of the request, a complete criminal history record may not be releasable, per Code of Iowa, Chapter 692.2. For complete criminal history record information, as allowed by law, always obtain a waiver signature from the subject of the request.  Waiver Release: I hereby give permission for the above requesting official to conduct an Iowa criminal history record check with the Division of Criminal Investigation (DCI). Any criminal history data concerning me that is maintained by the DCI may be released as allowed by law. |                                     |             |                |                        |  |  |
|  | Waiver Signature:   |                                     |             |                |                        |  |  |
|  | Iowa Criminal Hi  | story Record Ch                     | neck Resul  | ts             | (DCI use only)         |  |  |
| As of  | As of, a search of the provided name and date of birth revealed:  |                                     |             |                |                        |  |  |
|  | No Iowa Criminal History Record found with DCI  |                                     |             |                |                        |  |  |
|  | Iowa Criminal History Record attached, DCI #  |                                     |             |                |                        |  |  |
| DOV SE INC.  |   | initials                            |             |                |                        |  |  |
| OCI-77 (08/2   | (2/10)  |                                     |             |                |                        |  |  |

# THE ALVERNO EMPLOYMENT APPLICATION ADDENDUM

| Name:  |  |
|--|--|
| Address:   |  |
| Home Telephone: Ce   | ell Telephone:   |
| Date of Birth: Social Security Nu  | mber:  |
| Professional License No.:  |  |
| Position applying for:   |  |
| Provide all other names or aliases you have ever previous nicknames, maiden names and other married names:   | ly been known by, including but not limited to   |
| Do you have knowledge, or have you ever been notified, or List or Excluded Parties List Service (EPLS.gov) maintained (GSA)? If yes, please specify the date and reason. (Even if since been removed, please so indicate):   | of being placed on the OIG Excluded Provider by the General Services Administration  |
| Have you ever had a professional license subject to suspe date and the reason:   | nsion or revocation? If yes, please specify the  |
| Have you ever voluntarily relinquished your professional l reason:   | icense? If yes, please specify the date and  |
| PLEASE READ CAREFULLY BEFORE SIGNING: I certify that the above answers given are true and compleunderstand that the Facility may investigate all statement or misleading information provided can result in a decisio and civil or criminal penalties as appropriate. I further un part of the original Application for Employment and shall Signature | s made in this Application and that any false<br>n not to hire; immediate discharge if hired,<br>derstand that this Addendum is considered |