LOOKING FOR NEW IDEAS?
Join us at
The Activity Professionals Bag of Tricks Workshop
5 CEU contact hours
N.C.C.A.P. approval # NCCAP31497-15
Registration includes a copy of the “ALL NEW” Activity Directors Bag of Tricks book.

June 18, 2015
Marriott Hotel
1250 Jordan Creek Prkwy.
West Des Moines, IA
Schedule

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8:30 a.m. Registration/ Continental Breakfast
9:00 a.m. Introduction and brief overview of The Activity Director's Bag of Tricks manual
9:15 a.m. A Racemania demonstration
9:40 a.m. A modified Price is Right group simulation
10:00 a.m. See a Staycation Display (make your Staycation reservations)
10:20 a.m. Brief break
10:30 a.m. Examples of a Lifetime Achievement Certificate, Spotlight Display, Wedding Photograph Exhibit, Who’s Who wall display & contest, a Coffee-house Party and The Times of Our Lives memory booklet
11:20 a.m. You Light up my Life Audiovisual presentation
11:30 a.m. Lunch (Provided)
12:10 p.m. Witness a "Fun Fundraiser" (You can win a prize!)
12:40 p.m. A description of a Hometown Happenings discussion group, Lives and Times Display, Fabulous Follies show, Museum Wall Exhibit, Grandmother's or Grandfather's Memory Sheet, Homegrown Veteran's Day event, Best-dressed Pet Show, Root Beer & Roulette and others
1:20 p.m. Brief break
1:30 p.m. A Human Horserace exhibition (Yeah, it's kinda silly, but it's fun...especially with kids!)
1:50 p.m. Tricks of the trade in reaching the once-vital personalities of cognitively impaired residents, back when they were us
♦ Demonstrations of two lower-level groups...
2:05 p.m. A modified Name That Tune activity
2:25 p.m. Remember When Bingo
3:45 p.m. Discussion, evaluations and mad dash to the door to avoid rush-hour traffic
3:00 p.m. Adjourn
Program Description
An evil little critter too often hides out in the field of long-term care recreation – the dreaded burnout bug. He can sneak up on the best of activity professionals and slowly begin to suck away much of their initial enthusiasm. Fortunately that doesn't mean that he or she is "dried up and done for" and needs to step aside to make room for a more motivated activity director. What we interpret as "burnout" is usually just a natural response to repetition. The overriding purpose of this workshop is to build a more varied and colorful assortment of activity programs and projects for the directors to use in planning and programming for their resident populations, on various cognitive levels - and to help them stomp that burnout bug into the ground...where he belongs!

Workshop objectives – The workshop participants will...
1. Be able to plan and program activity groups and projects that will help the residents/tenants reflect on their past accomplishments with ideas like the Lifetime Achievement Celebration, Lives and Times Display and The Times of Our Lives memory booklet
2. Have an understanding of how to program events that help link residents and staff members together like a Who’s Who wall display, a Staycation Display and the Fabulous Follies
3. Become more aware of the need to keep his or her program varied and colorful with programs and events like Racemania, a Best-dressed Pet Show and Root Beer and Roulette

BONUS: Attendees will receive the “ALL NEW” Activity Directors Bag of Tricks book. This informative book will provide a backup tool for turning these concepts and others into successful activities.

Speaker Bio
Dennis Goodwin obtained a bachelor's degree in psychology in 1970 and began working in the long-term health care field in 1978. More than 30-years of that experience was in directing, programming and later, consulting activities as a Divisional Activity Consultant with Beverly Enterprises. He maintained certification through NCCAP until he retired (kind of) in 2012 after spending 16-years as the activity director at Golden Living Center of Briarwood in Tucker, Georgia. During his career in recreation, he specialized in developing and modifying activities that perk up an activity program both for the residents involved and the activity staff and volunteers.

Continuing Education Credit information
ACTIVITIES: This continuing education activity meets the Iowa Department of Inspections and Appeals, Health Facilities Division’s established criteria for 5.0 hours of continuing education credit.

ADMINISTRATORS: This continuing education program meets the Iowa Board of Examiners for Nursing Home Administrators criteria for 5.0 hours of continuing education credit for nursing home administrators.
Registration Information

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
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<tr>
<td>Members</td>
<td>$75 per person</td>
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<tr>
<td>Non-Members</td>
<td>$150 per person</td>
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* Fee includes handouts, continental breakfast, lunch, and CEUs.

Registration Instructions:

- Go to [www.iowahealthcare.org](http://www.iowahealthcare.org) and click on the Activity Professionals “Bag of Tricks” Workshop under the EDUCATION section of our website.
- Select Register online. If you have not previously created a personal profile, you will need to do so before you register (One profile per person).
- Complete the online registration and click Submit. A registration confirmation will be e-mailed to you.
- To register another person, click on LOGOUT and repeat this process.

Hotel Information

If needed, Iowa Health Care Association has negotiated special sleeping room rates at several West Des Moines area hotels. You can utilize these discount rates whenever you need to stay in the Des Moines area. These rates are good through December 2015 on a space availability basis. To receive the special room rates, you must request the “Iowa Health Care Association room rate”. For more hotel options, refer to the EDUCATION section of the IHCA website.

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Address</th>
<th>Room Rates</th>
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<tbody>
<tr>
<td>StayBridge Suites</td>
<td>6905 Lake Dr. (Interstate 80, exit 121)</td>
<td>Room rate: $92+ tax - King Studio $129 + tax – 2 Queens</td>
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<tr>
<td>Marriott Hotel</td>
<td>1250 Jordan Creek Prkwy (Interstate 80/35 exit 121)</td>
<td>Room rate: $123+ tax – single/double Contact Jena to receive rate</td>
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<tr>
<td>Best Western Hotel</td>
<td>1450 N.W. 118th St. (Interstate 80/35 exit 124) Clive, IA (515) 221-2345</td>
<td>Room rate: $65 + Tax – Single $75 + tax – double</td>
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1775 90th St.
West Des Moines, IA 50266
(800) 422-3106
www.iowahealthcare.org