



Activity Professionals Home Study Course

This course has been approved by the Iowa Department of Inspections and Appeals



If you need to meet F-Tag #249 and are unable to be nationally certified, the Activity Professionals Home Study Course offers you an alternative. The home study format was designed with convenience, cost effectiveness, and time management in mind for the busy Activity Professional. Students will be able to complete the course at their own pace without a timely and costly commute to the traditional classroom.

Iowa Health Care Association

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Students who complete this course will meet Federal and Iowa regulations to oversee the Activity Department in Skilled Nursing homes. **Please note that this course is designed specifically for SNF as there are various assignments including MDS 3.0 and documentation specifically for the SNF setting. Students are responsible for locating a SNF that will allow them to complete the required coursework as a volunteer if not employed at a SNF.**

The following is general information on the 75 Hour - Activity Professional Home Study Course.

This course is a home study course format, not on-line. Meaning that you do not have to log into chat rooms or go on-line to complete the work; all work is submitted through the postal service. Typically with the flexibility of the course format, students complete the entire course and send it in all at once in one flat rate box. Although students will be working independently, they will be interacting with residents and co-workers throughout the entire course for various assignments. After registration, students will have access to a blog to network with others taking the activity training. Our course instructor is available for questions either through e-mail or phone calls.

Students have up to 6 months to complete the course in full. This would average out approximately 3-4 hours/week (75 divided by 24 weeks). Keep in mind it is a self-paced course so it's really up to the student how quickly you complete the work. Students that complete the course will receive a Certificate of Completion.

Course Learning Objectives and Outcomes:

- Recognize the value of leisure for the aging population.
- Assess the physical, social, and cognitive capabilities of clients for activity planning.
- Documentation and MDS coding.
- Develop and implement a plan of care specific to individual needs.
- Facilitate an activity program appropriate for individual clients.
- Become familiar with and utilize community resources such as volunteers and various organizations.
- Understand Federal and State regulations and facility policy and procedures regarding the activity program.

CONTINUING EDUCATION INFORMATION

This Activity Professionals Home Study Course meets the Iowa Department of Inspections and Appeals, Health Facilities Division's established criteria for continuing education credit for **75 hours of CEU credit** for Activity Department Heads.

REGISTRATION INFORMATION

Registration fee: **\$495 per person**

- To register on line...go to www.iowahealthcare.org and click on the **Activity Professionals Home Study Course** under the EDUCATION section of the website.
- Select **Register online**. If you have not previously created a personal profile, you will need to do so before you register (One profile per person).
- Complete the online registration and click **Submit**. A registration confirmation will be e-mailed to you.
- To register another person, click on **LOGOUT** and repeat this process.

Cancellations/Refunds: Cancellation is only available until payment is received by IHCA. There is no refund for the Activity Professionals Home Study Course. Once payment is received, the class material will be shipped to the student.

QUESTIONS?: Please contact Dave Tomlin at Iowa HealthCare Association (800) 422-3106