Program Description

Fall prevention in nursing homes, assisted living and home care settings continues to be a major focus for quality improvement in patient safety. This workshop will review strategies that healthcare professionals can utilize to prevent falls and promote resident/patient safety. Discussion will focus on how to analyze the internal, external, system conditions and operations, which may have contributed to resident/patient falls. Interventions strategies will be reviewed that were the result of post-fall root cause analysis from a national recognized evidence based fall prevention program.

Learning Objectives

1. Identify a safe environment for residents/patients who are high risk for falls.
2. List physical factors that put residents/patients at high risk for falls.
3. Conduct assessments on residents/patients who are high risk for falls.
4. Properly implement interventions to residents/patients that are at high risk for falls.
5. Identify various medications that increase the risk of falls.
6. Identify ways to reduce the use of alarms in LTC.

Speaker Bio

Sue Ann Guillemann, RN, BA, MA, has over thirty-five years-experience providing education, leadership and consultation to long term care organizations. Sue Ann is a Registered Nurse with a BA and MA in communication and adult education. She currently produces educational seminars and conferences for Empira, a consortium of 24 skilled nursing facilities in Minnesota. Sue Ann has edited, designed and written educational manuals, printed materials and videotapes on many long term care topics. She also currently teaches at the University of Minnesota in the School of Public Health.

For more information on the Fall Prevention workshop and to register, please visit our web site www.iowahealthcare.org
Best Practices & Strategies for a Fall Prevention Program

Continuing Education Credit

NURSES: This program is approved for 6.0 contact hours (.60 CEUs) for nurses, offered by IHCA/INLTC, IBON Provider #166. Providership regulations do not allow for partial credit to be given for any portion of this program.

SOCIAL SERVICES: This continuing education activity meets the Iowa Department of Inspections and Appeals, Health Facility Division’s established criteria for 5.0 hours of continuing education credit for Social Service Workers.

PHYSICAL THERAPISTS: This continuing education activity meets the Iowa Department of Public Health’s established criteria for 5.0 hours of continuing education credit for Physical Therapist Licensees.

ADMINISTRATORS: This continuing education program meets the Iowa Board of Examiners curriculum criteria for 5.0 hours of continuing education credit for health care administrators.

ASSISTED LIVING MANAGEMENT CERTIFICATE: This education is approved for 5.0 hours of continuing education (CEUs) for maintaining the Assisted Living Management Certificate sponsored by Iowa Center for Assisted Living.

Registration Information

Registration fees: Members $125/person Non-Members $250/person

- To register go online to www.iowahealthcare.org and click on Fall Prevention Workshop under the EDUCATION section of the website.
- Select Register online. If you have not previously created a personal profile, you will need to do so before you register (One profile per person).
- Complete the online registration and click Submit. A registration confirmation will be e-mailed to you.
- To register another person, click on LOGOUT and repeat this process.

Cancellations/Refunds: Refunds will only be granted to those who cancel their registration three business days prior to the date of the program listed. Cancellations after this date, no-shows due to weather, acts of God or illness, will be charged the full registration fee. IHCA ICAL reserves the right to cancel any education program; in the event of such a cancellation, all fees will be refunded.